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TAKE THE E100 CHALLENGE®

The Essential 100® (the E100) is based on carefully selected Bible passages - 50 from the Old Testament and 50 from the New Testament - that help you get the big picture of the Bible without getting bogged down.

TO TAKE THE E100 CHALLENGE, FOLLOW THESE SIMPLE STEPS:

- **1. FIND** a Bible translation that is easy for you to understand.
- SET aside a special time and place to Pray, Read, Reflect and Respond each day.
- **3. USE** this Reading Planner and track your progress.
- SHARE your success by taking the survey at E100.AmericanBible.org/Done when you finish the The E100 Challenge.

PERSONAL ACTION PLAN

1. My goal is to read

, ,	
The E100 over th	ne next:
100 Days	20 Week
○1 Year	2 Years
Other:	

2.	My plan is to take	(minutes
	to read the Bible and pray	

- In the Morning
- ng O Lunch Break
- In the Evening/Before Bed
- On the Weekend
- Other: _____
- 3. To help me keep going, I will read The E100 with my:
 - Small Group
 - Friend(s):
 - Sunday School
 - O Family:
 - Other:
 - O Co-worker:

I WILL:

Pray with focus and openness to see what God has for you. *God, connect with me here, as I seek you in your Word.*

Read the selected section of Scripture slowly. Take note of intriguing words and phrases and read them a second time.

Reflect on what strikes you as you read. Think through what God is communicating to you at this point in your life.

Respond to the passage. Speak to God directly about what's on your mind and heart. Look for ways to live out what you've uncovered.







OLD TESTAMENT

TAX IV	Also All Control of the Control of t	
IN THE BEGINNING		
 1. Creation 2. The Fall 3. The Flood 4. God's Covenant with Noah 5. Tower of Babel 	Genesis 1.1-2.25 Genesis 3.1-24 Genesis 6.5-7.24 Genesis 8.1-9.17 Genesis 11.1-9	
ABRAHAM, ISAAC AND JACOB ☐ 6. The Call of Abram ☐ 7. God's Covenant with Abram ☐ 8. Isaac's Birth and "Sacrifice" ☐ 9. Jacob and Esau Compete ☐ 10. Jacob and Esau Reconcile	Genesis 12.1-20 Genesis 15.1-21 Genesis 21.1-22.19 Genesis 27.1-28.22 Genesis 32.1-33.20	
THE STORY OF JOSEPH ☐ 11. Sold Into Slavery ☐ 12. Prison and a Promotion ☐ 13. Ten Brothers Go to Egypt ☐ 14. The Brothers Return ☐ 15. Joseph Reveals His Identity	Genesis 37.1-36 Genesis 39.1-41.57 Genesis 42.1-38 Genesis 43.1-44.34 Genesis 45.1-46.7	
MOSES AND THE EXODUS		
 ☐ 16. Birth of Moses ☐ 17. The Burning Bush ☐ 18. The Ten Plagues ☐ 19. Passover and Exodus ☐ 20. Crossing the Red Sea 	Exodus 1.1-2.25 Exodus 3.1-4.17 Exodus 6.28-11.10 Exodus 12.1-42 Exodus 13.17-14.31	
THE LAW AND THE LAND □ 21. The Ten Commandments □ 22. The Golden Calf □ 23. Joshua Succeeds Moses □ 24. Crossing the Jordan □ 25. Fall of Jericho	Exodus 19.1-20.21 Exodus 32.1-34.35 Joshua 1.1-18 Joshua 3.1-4.24 Joshua 5.13-6.27	
THE JUDGES ☐ 26. Israel's Disobedience ☐ 27. Deborah Leads Israel ☐ 28. Gideon Defeats the Midianites ☐ 29. Samson Defeats the Philistines ☐ 30. The Story of Ruth	Judges 2.6-3.6 Judges 4.1-5.31 Judges 6.1-7.25 Judges 13.1-16.31 Ruth 1.1-4.22	
THE RISE OF ISRAEL		
 □ 31. Samuel Listens to God □ 32. King Saul □ 33. David and Goliath □ 34. David and Saul □ 35. King David 	1 Samuel 1.1-3.21 1 Samuel 8.1-10.27 1 Samuel 16.1-18.16 1 Samuel 23.7-24.22 2 Samuel 5.1-7.29	
THE FALL OF ISRAEL		
 ☐ 36. David and Bathsheba ☐ 37. King Solomon ☐ 38. Solomon's Temple ☐ 39. Elijah and the Prophets of Baal ☐ 40. The Fall of Jerusalem 	2 Samuel 11.1-12.25 1 Kings 2.1-3.28 1 Kings 8.1-9.9 1 Kings 16.29-19.18 2 Kings 25.1-30	
PSALMS AND PROVERBS ☐ 41. The Lord is My Shepherd ☐ 42. Have Mercy on Me ☐ 43. Praise the Lord ☐ 44. Godly Wisdom ☐ 45. Proverbs of Solomon	Psalm 23.1-6 Psalm 51.1-19 Psalm 103.1-22 Proverbs 1.1-4.27 Proverbs 16.1-18.24	
THE PROPHETS		
 46. The Suffering Servant 47. Jeremiah's Call and Message 48. Daniel in the Lion's Den 49. The Story of Jonah 50. The Day of Judgment 	Isaiah 51.1-53.12 Jeremiah 1.1-3.5 Daniel 6.1-28 Jonah 1.1-4.11 Malachi 1.1-4.6	

NEW TESTAMENT

	And Market Control of the Control of
THE LIVING WORD	
 THE LIVING WORD □ 51. The Word Became Flesh □ 52. Gabriel's Message □ 53. The Birth of Jesus □ 54. John the Baptist □ 55. Baptism and Temptation 	John 1.1-18 Luke 1.1-80 Luke 2.1-40 Luke 3.1-20 Matthew 3.13-4.17
THE TEACHINGS OF JESUS ☐ 56. Sermon on the Mount - Part 1 ☐ 57. Sermon on the Mount - Part 2 ☐ 58. The Kingdom of Heaven ☐ 59. The Good Samaritan ☐ 60. Lost and Found	Matthew 5.1-6.4 Matthew 6.5-7.29 Matthew 13.1-58 Luke 10.25-37 Luke 15.1-32
THE MIRACLES OF JESUS ☐ 61. Feeding the Five Thousand ☐ 62. Walking on Water ☐ 63. Healing a Blind Man ☐ 64. Healing a Demon-Possessed Man ☐ 65. Raising Lazarus from the Dead	Luke 9.1-36 Matthew 14.22-36 John 9.1-41 Mark 5.1-20 John 11.1-57
THE CROSS OF CHRIST ☐ 66. The Last Supper ☐ 67. Arrest and Trial ☐ 68. The Crucifixion ☐ 69. The Resurrection ☐ 70. The Ascension	Luke 22.1-46 John 18.1-40 John 19.1-42 John 20.1-21.25 Acts 1.1-11
THE CHURCH IS BORN ☐ 71. The Day of Pentecost ☐ 72. Growth and Persecution ☐ 73. The First Martyr ☐ 74. Sharing the Word ☐ 75. Good News for All	Acts 2.1-47 Acts 3.1-4.37 Acts 6.8-8.8 Acts 8.26-40 Acts 10.1-11.18
THE TRAVELS OF PAUL ☐ 76. The Road to Damascus ☐ 77. The First Missionary Journey ☐ 78. The Council at Jerusalem ☐ 79. More Missionary Journeys ☐ 80. The Trip to Rome	Acts 9.1-31 Acts 13.1-14.28 Acts 15.1-41 Acts 16.1-20.38 Acts 25.1-28.31
PAUL TO THE CHURCHES ☐ 81. More than Conquerors ☐ 82. The Fruit of the Spirit ☐ 83. The Armor of God ☐ 84. Rejoice in the Lord ☐ 85. The Supremacy of Christ	Romans 8.1-39 Galatians 5.16-6.10 Ephesians 6.10-20 Philippians 4.2-9 Colossians 1.1-23
PAUL TO THE LEADERS ☐ 86. Elders and Deacons ☐ 87. The Love of Money ☐ 88. Good Soldiers of Christ ☐ 89. All Scripture is God-Breathed ☐ 90. The Coming of the Lord	1 Timothy 3.1-16 1 Timothy 6.3-21 2 Timothy 2.1-26 2 Timothy 3.10-4.8 1 Thessalonians 4.13-5.11
THE APOSTLES' TEACHING ☐ 91. The Most Excellent Way ☐ 92. A New Creation in Christ ☐ 93. A Living Hope ☐ 94. Faith and Works ☐ 95. Love One Another	1 Corinthians 13.1-13 2 Corinthians 4.1-6.2 1 Peter 1.1-2.12 James 1.1-2.26 1 John 3.11-4.21
THE REVELATION ☐ 96. A Voice and a Vision ☐ 97. Messages to the Churches ☐ 98. The Throne of Heaven ☐ 99. Hallelujah! ☐ 100. The New Jerusalem	Revelation 1.1-20 Revelation 2.1-3.22 Revelation 4.1-7.17 Revelation 19.1-20.15 Revelation 21.1-22.21