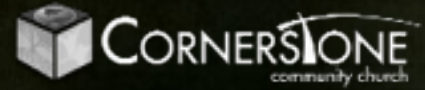


## Week 2 Your Thoughts

# small things BIG DIFFERENCE



## LifeGroup Discussion Guide

### How to use This Guide:

Talking through the message during the week helps you and your group turn what God is saying to you into action steps. Begin with the key questions, add any optional scriptures and questions if needed, and then wrap up by deciding on your next steps.

### Our Main Idea:

Change your thinking by capturing destructive thoughts and then fixing your thoughts on spiritual things.

### Key Questions:

- What destructive thoughts do you need to capture?
- How have your destructive thoughts affected you?
- With your Bible or Bible App, read and discuss Romans 12:2, 2 Corinthians 10:3-5, and Philippians 4:8-9
- What do you think might be the cause of your destructive thoughts?

### Next Steps:

- What steps will you take to fix your thoughts on spiritual things?

### Bible Reading:

Take time to read and meditate on these Scripture passages this week

- **Day 1:** Proverbs 23:7
- **Day 2:** Romans 12:1-2
- **Day 3:** 2 Corinthians 10:1-6
- **Day 4:** Philippians 4:4-9
- **Day 5:** Psalm 104:33-34
- **Day 6:** Psalm 77:1-20
- **Day 7:** Philippians 3:18-21

### Experience

Your Relationship with God

What kind of difference have you seen in your life when you focus your thoughts on spiritual things instead of destructive thoughts?

### Equip

Your Relationship with Others

How have untrue thoughts created conflict in your relationships? How can you keep your focus on what is true and Holy?

### Engage

Your Relationship with the World

What ministry opportunities do you see around you? Which ones do you feel called to act upon?